



Your Wellness Visit

Thank you for choosing Canyon View Family Medicine for your health care needs. These handouts provide information regarding many of the common tests that are often ordered during a wellness visit, as well as information regarding common health questions and concerns. We hope you find the information here useful in reviewing and learning about your test results and your health.

There are many reasons why it is a good idea to come in periodically for a complete wellness exam. During these visits your provider will review your overall health and discuss which of the different common tests may be warranted. The choice of tests depends on many factors including your age, health history, family history, your habits, and current evidence based recommendations.

PATIENT EDUCATION HANDOUTS

We find it is helpful for our patients to have written information to review regarding their health. We have created the included handouts to help you expand your knowledge regarding many different health issues and answer your questions. On our website, CanyonViewFamilyMedicine.com, under the News/Blog link, we also have many other useful articles on various health topics. We encourage you to read and subscribe.

COMMUNICATION WITH YOUR PROVIDER

Many have expressed a desire to communicate electronically with our clinics. In answer to these requests we have a patient portal for our patients. This is a HIPAA compliant method of permitting patients and our medical offices to communicate with each other. Getting set up in the system is very simple. Please ask any of our staff members for information and help with getting this started for you.